



## **R/C 2009 Regional Coaches**

Working with the region has been very rewarding and a positive experience. As our regions move away from the current regional team coach structure, I hope we can still retain the benefits of this system. I will outline the highlights, some possible improvements and some disappointments.

### **1. Highlights**

- a. J2 Regions Cup Champions! Keep the cup!
- b. Anna Marno and Lauren Samuels season!
- c. Paula Moltzen's success in the J3's!
- d. Will Gregorak Jr. Worlds and Nor Am success!
- e. High quality Colorado Ski Cup racing!
- f. J3 Speed camps at Indianhead and Vail!
- g. NDS training World Cup training venues at Aspen and Beaver Creek!

### **2. Disappointments**

- a. Jr. Nor Am points! Still lacking depth here?
- b. Attendance of the top male athletes in R/C projects! How do we create depth with out getting our best together?
- c. Male R/C results?
- d. Mammoth speed Nor Ams? Are these our Nor Am Athletes?
- e. CEN SL skiers at J2 Nationals? Maybe try to get good at the other events?
- f. J1 numbers? 18 J1's skiing at a FIS race!

### **3. Improvements:**

- a. We really need to build a system where the kids are fighting for the last two spots of every project, competition. We need to develop that sense of urgency, competitiveness in every situation.
- b. Regional selection for J2's and Sr Nationals. Lets get together and make this a region? Perhaps a Governors Cup format where it would be a weekend and not a full season of selection races? See my last three, year-end reports.
- c. Bring back J1 nationals! These guys need a goal?
- d. Schedule regional/divisional camps as an integrated layer with NDS.
- e. Set some performance criteria where regional athletes are selected for NDS projects from Regional Projects.
- f. NDS projects coincide with D team projects for cross over.
- g. BUILD MORE COMPETIVENESS IN OUR SYSTEM.

I hope we can continue to move with some simple focus on how we can continue to improve. Let's not be content, but be progressive! We can and need to be better.